

INSTALLATION GUIDE**Contents (parts per pack):**

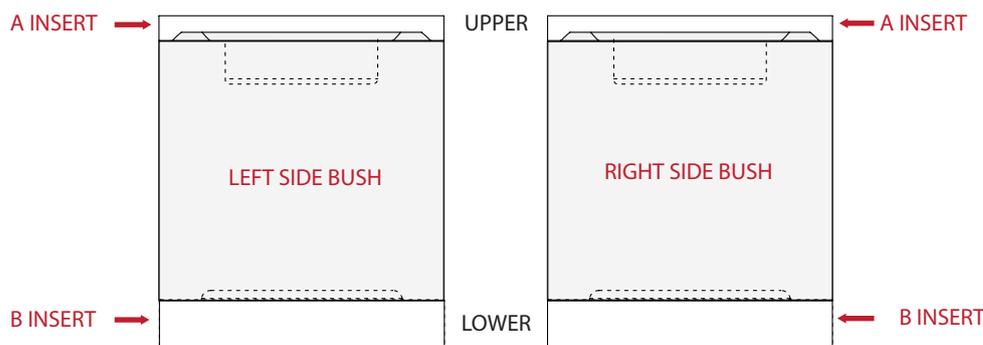
- 2 x Polyurethane A inserts
- 2 x Polyurethane B inserts

Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual. It is recommended that:

- all work to be carried out by a licensed technician;
 - all safety precautions adhered to;
 - wheel alignment to be checked and adjusted as required after any suspension work.
- All fasteners must be tensioned to manufacturer's torque settings.

Fitting Instructions:

1. Support the subframe. Loosen all 4 subframe mountings.
2. Remove the front 2 nuts and plate/washers. Lower the front of the subframe, making sure no cables, pipes, ect. are being stretched.
3. Clean all dirt from the voids of the original bushes.
4. The upper inserts, marked A upper, fit into the upper void of the bush as shown in *Figure 1*.
5. The upper inserts have a split line to help with installation. Twist the insert to open (as shown in *Figure 2*) and slide over the stud. Rotate to align the features to fit bush.
6. The lower inserts, marked B lower, fit into the lower void of the bush as shown in *Figure 1*. Rotate to align the features to fit bush.
7. After the inserts are fitted, refit the subframe using the original lower plate/washers and nuts.
8. Re-tighten all of the subframe mountings to manufacturer's torque settings.

Figure 1:**Figure 2:**